

2020 UK & ROI Suicide Statistics

Because some deaths by suicide are only registered after a year or more, statistical agencies often provide updates after the initial release. The data below reflects the most up-to-date data available and will be amended as-and-when agencies provide updated statistics.

England 2020

- 4912 people died by suicide in 2020. This is 404 fewer than in 2019.
- The overall suicide rate was 10.0 per 100,000* compared to 10.8 per 100,000* in 2019.
- The male suicide rate for was 15.3 per 100,000* compared to the female suicide rate of 4.9 per 100,000*
- Males aged 45-49 continue to have the highest suicide rate (23.8 per 100,000)
- There is regional variation in the suicide rates. The North East of England had the highest suicide rate (13.3. per 100,000) in 2020, which has been the case in five out of the last 10 preceding years and saw an increase of 15.7% compared to 2019.

*Rates are age-standardised

Wales 2020

- 285 people died by suicide in 2020. This is 45 fewer than in 2019.
- The overall suicide rate was 10.3 per 100,000* compared to 12.2 per 100,000* in 2019.
- The male suicide rate was 16.7 per 100,000* compared to the female suicide rate of 4.3 per 100,000*

*Rates are age-standardised

Scotland 2020

- 805 people died by suicide in 2020. This is 28 fewer than in 2019
- The overall suicide rate was 15.0 per 100,000. The suicide rate remains statistically similar to 2019 and 2018, and significantly higher than the 4 years beforehand
- Males remain almost 3 times as likely to die by suicide than females, but the female suicide rate has increased since 2017
- People living in the most deprived areas are 3 times more likely to die by suicide than those in the least deprived areas

Northern Ireland 2019

- 209 people died by suicide in 2019
- 157 males (75%) and 52 females (25%)
- The overall suicide rate was 12.7 per 100,000*
- The male suicide rate was 19.4 per 100,000* compared to the female suicide rate of 6.3 per 100,000*

*Rates are age-standardised

Republic of Ireland 2018

In the Republic of Ireland, data is reported in stages. First, provisional data is released based on the year of registration. This data is later revised to reflect year of occurrence and is considered 'official' at this stage. Finally, the data is revised later again to include late registrations, but this can happen years later.

Data from 2018 is the latest 'official' data released by the Central Statistics Office. The following figures are accurate as of 6 September 2021:

- 437 people died by suicide in 2018- 327 men (75%) and 110 women (25%)
- The overall suicide rate was 9.4 per 100,000*
- The male suicide rate was 14.3 per 100,000* compared to the female suicide rate of 4.6 per 100,000*

*Rates used are age-standardised

The number and rates from 2018 and previous years are still subject to change with the inclusion of late registrations. This staged approach provides challenges for producing a final factsheet of figures for ROI, especially in terms of comparison of ROI suicide data over time as, at any given time, the data for different years may be at different stages.

(Summary Provided by the Samaritans Charity)