

05 January 2021

Lockdown restrictions – new COVID-19 variant dramatically increasing infection rates

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Clinically Extremely Vulnerable – Living in Wales, Northern Ireland, Scotland or England

For managers dealing with colleagues who are Extremely Clinically Vulnerable, Extremely Vulnerable or shielding others, click below for further information.

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Ops - Use of shared vans to cease

In all high level tiers across the UK following changes to restrictions the use of shared vans must cease. We will continue to review the situation in line with guidance.

Ops - One metre working with mitigation

The 1m plus working with mitigation for identified specified tasks is still in place. When working within 1m plus of others it is vital all the controls detailed in the [appropriate risk assessment](#) are followed.

Ops - Face coverings are mandatory indoors

Face coverings are mandatory in all RMG indoor workplaces and are activity encouraged in all outdoor settings as well. Exemptions and exceptions will apply.

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Ops - Remember – ‘Hands. Face. Space.’

Approximately 1 in 3 people who have coronavirus have no symptoms and could be spreading it without realising it. The new variant of the virus is highly contagious. Remind your teams of the basics.

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Ops - Key/critical workers

Royal Mail Group employees are classed as critical workers. Employees should maintain business standards re dress code and wearing of ID badges. Managers can provide letters confirming employees are critical workers by clicking the [Letter Link](#).

Ops - Use of SMATs to re-set standards

Continue to use your weekly SMATs and monthly inspections to monitor compliance to coronavirus measures.

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Ops - Dealing with individual/cluster cases and cleaning protocols

Cases should be managed locally via PSP with support from SHE and HR Business Partners and using the [managers' guidance pack](#) which has been produced.

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Ops - NHS Test and Trace app

Unless instructed by NHS Test and Trace or a public health authority to be tested, or if an individual has symptoms, you should not request to be tested and should remain in work.

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Further support

For further help and support managers can either call 0345 604 2787 or contact coronavirus.support@royalmail.com.

Visit the [Coronavirus Information Intranet page](#) for further information including a link to a regularly updated frequently asked Questions and Answers document.

[RMtv](#) [MRM app](#) [Intranet](#) [myroyalmail.com](#)

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