

DOMESTIC ABUSE HELPLINES

Men's Advice Line

0808 801 0327
Monday to Friday 10am-1pm & 2pm – 5pm
Email info@mensadviseline.org.uk
www.mensadviceline.org.uk

Women's National 24 hour

Domestic Violence Helpline
0808 200 0247
www.womensaid.org.uk

National LGBT+ Domestic Abuse Helpline

0800 999 5428
help@galop.org.uk

Samaritans

08457 116123
www.samaritans.org

Mind

08457 660163
www.mind.org.uk

NSPCC

0808 800 500
www.nspcc.org.uk

ChildLine

0800 1111
www.childline.org.uk

English National Domestic Violence

0808 2000 247

Northern Ireland Women's Aid

0800 802 1414

Scottish Domestic Abuse

0800 027 1234

Wales Domestic Abuse

0808 80 10 800

Male Advice & Enquiry

0808 801 0327

Dyn Wales/Dyn Cymru

0808 801 0321

Respect (for domestic violence perpetrators)

0808 802 4040

