

Slips, Trips and Falls

October 2019

Intended Audience:
Delivery and Collection staff

Employee Brief

Introduction

Slips, trips and falls (STFs) remain the biggest cause of serious injury in RMG. By being aware of our surroundings we are more likely to be able to spot hazards and avoid injury. However, in wet weather we need to be even more alert as some surfaces can become treacherous.

Overview

- **Slippery Surfaces** - in wet or adverse weather some surfaces can become very dangerous. Please be alert to these types of surfaces on delivery:

Decking	Fallen leaves
Metal steps	Moss covered paths
Metal ramps/surfaces	Printed concrete driveways
Manhole covers	

There are many more - what do you encounter?



- Adjust your pace to the terrain/environment, especially in bad weather.
- Test your footing on potentially slippery surfaces before proceeding
- Don't read and walk - this includes mail, phones, PDAs as you just can't see what's ahead of you.
- Make sure your footwear is in good condition with good tread.
- Take the safest route, not the shortest - don't take shortcuts.

Actions

- Be alert to your surroundings and report any significant hazards to your manager
- Apply the 'Look, Consider, Decide' approach:

Look for Hazards

Consider the Risk

Decide What to do Safely

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- Check that your footwear is in good condition with a good tread. Ensure you have spikeys available to use.