

## Slips, Trips and Falls

October 2019

Intended Audience:  
Delivery and Collection staff

Employee Brief

## Introduction

Slips, trips and falls (STFs) remain the biggest cause of serious injury in RMG. By being aware of our surroundings we are more likely to be able to spot hazards and avoid injury. This is all common sense but please take time to think about the things that you might encounter and how to deal with them.

## Overview

- **Obstructions** - when working offsite we aren't in control of our environment and it never stays the same so we must be more aware of hazards. When accessing customer properties for delivery and collection look ahead for:

Building works/scaffolding  
Vehicles limiting access space  
Raised gate post stays  
Bins/recycling tubs  
Children's toys/dog toys  
New pot plants/decorative garden items  
Litter/debris  
There are many more - what do you encounter?



- Look ahead for hazards on footpaths, steps and driveways.
- Don't read and walk - this includes mail, phones, PDAs as you just can't see what's ahead of you.
- Take the safest route, not the shortest - don't take shortcuts.
- Adjust your pace to the terrain/environment, especially in bad weather.

## Actions

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- Be alert to your surroundings and report any significant hazards to your manager
- Apply the 'Look, Consider, Decide' approach:

**Look** for Hazards

**Consider** the Risk

**Decide** What to do  
Safely